

# The Parish Church of St Martin

## Bowness-on-Windermere



ST MARTIN'S  
*You're always welcome*

**Fifth Sunday of Lent**  
22<sup>nd</sup> March 2026

A loop system is in operation for hearing aid users with a 'T' switch.  
Large print copies of this sheet & the hymn book are available. Please  
ask if you would like one.

Living Lord, as we offer to you our common life,  
refresh our vision that we may know your will  
& seek to follow in all your ways.  
May we follow daily as your disciples,  
care deeply for one another in community,  
speak boldly your gospel word of love,  
& tread gently as faithful stewards of your goodness.  
We ask this in the power of your holy name,  
Creator, Redeemer & Sustainer of our lives,  
today & for ever. Amen

**A warm welcome to you all, especially to anyone visiting this morning.**

**Collect & Post Communion for the Fifth Sunday of Lent.**

**Collect**

Most merciful God,  
who by the death and resurrection  
of your Son Jesus Christ  
delivered and saved the world:  
grant that by faith in him who suffered  
on the cross  
we may triumph in the power of his victory;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Post Communion Prayer**

Lord Jesus Christ,  
you have taught us  
that what we do for the least of  
our brothers and sisters  
we do also for you:  
give us the will  
to be the servant of others  
as you were the servant of all,  
and gave up your life and died for us,  
but are alive and reign,  
now and for ever.

**10.00 a.m.**

**Morning Praise for Lent**

Leader: Rosemary Rooke

Greeting

Lent Cross

Hymn 394 (vv. 1, 6-11)      Lift high the cross

Prayers of Penitence

Praise

First reading                      Romans 8.6-11 (p.137 NT) read by Martin Rayner

Reflection

Second reading                      John 11.1-45 (p.89 NT) read by Miriam Rayner

Reflection

Affirmation of Faith

Hymn 310                              I heard the voice of Jesus say

Intercessions, Lord's  
Prayer & Collect                      Jill Butler

Hymn 104                              Christ triumphant, ever reigning



Coffee & refreshments will be served, after the service, at the back of church.

# This week

With the continuing conflict in the Middle East and the Gulf, we renew our prayers for peace there & elsewhere in the world, where there is violent conflict or oppression.

In today's Gospel reading the presence of Jesus brings transformation into an apparently hopeless situation. Where do we seek and pray for his life-giving presence today?

*(If you are looking for a resource for reflection through Lent you might like to try the Church of England's free Everyday Faith app - available in the App Store & in Google Play.)*



12.30 p.m. Lent Group: Alive in Christ - St Mary's. Please see next page for further details



10.30 a.m. Fourth Wednesday Communion Service at St Martin's (BCP) with refreshments after the service, & the opportunity to pray with someone, or simply to chat.

President/Preacher: The Revd James Richards

5.30 p.m. James attending St Martin & St Mary CE Primary School full governors' meeting



1.45 p.m. St Martin & St Mary CE Primary School Easter service at church



Cumbria schools end of term



Clocks forward one hour tonight

## Next Sunday: Palm Sunday

10.00 a.m. Morning Praise

Leader: Martin Rayner

6.00 p.m. Palm Sunday and St Cuthbert Celebration Evensong at St Cuthbert's, Kentmere

Leader: The Revd James Richards

Preacher: The Rt Revd Rob Saner-Haigh

Dates for the month can be found in Parish News or on the website on the 'What's on' page.

## NOTICE BOARD

**Today** Pro Nobis Singers concert 'In Contemplation'. Admission £15 (free for under 16s). Holy Trinity & St George Catholic Church, Kendal at 7.45pm.

**Welcoming will soon restart** (Monday 30<sup>th</sup> March). New welcomers are always needed & full training & support is provided. Please speak to Ann Wanska if you would like to know more about this rewarding & essential role. We would love to have you on the team!

**Churchwardens** We are grateful for an offer to be PCC secretary in the coming year, & to Rosemary who has agreed to be responsible for opening up the church for services. We are looking for someone or one or two people who would be willing to ensure the churchyard is looked over & de-littered once a week.

We are also looking for up to four people who will share the role of churchwarden for the coming year. Please have a word with Mike Fletcher or with James for more information.

**\*\* Sunday 29<sup>th</sup> March - South Lakes Team Joint Service \*\***

Following our joyful marking of the beginning of Advent with St Mary's Church on the fifth Sunday in November, on the fifth Sunday in March the churches in the South Lakes Team are joining with St Cuthbert's Church in Kentmere to celebrate St Cuthbert & to mark Palm Sunday & the beginning of Holy Week. Bishop Rob has kindly agreed to come to join the celebration which will culminate in sung Evensong (including a blessing of Palm Crosses) beginning at 6pm.

Events will begin with a Pilgrim Walk from St James Staveley to St Cuthbert's Kentmere - leaving Staveley at 2pm, with the opportunity to join further up the valley at the Hollingsworth & Vose factory, aiming to pass there around 2.45. There will be parking available there. This will be followed at 4pm by tea & St Cuthbert's Cake in Kentmere Institute. And at 4.30 there will be a talk about the life of St Cuthbert by Revd Dr Robert Brown who leads the Bewcastle House of Prayer & is Priest-in-Charge of Bewcastle, Stapleton & Kirklington with Hethersgill. At 6.00pm the celebrations will conclude with Sung Evensong in St Cuthbert's Church Kentmere.

There will be parking in Kentmere in Christine's field\* & at Kentmere Hall. (\*OS grid reference: NY 45815 03980; nearest postcode: LA8 9JP. Please be aware that this is agricultural land - it is not a permanent car park.)

We are thinking of organising minibuses. Please email Louise Frith-Powell - [louise@longhousestudios.org](mailto:louise@longhousestudios.org) to express an interest in this.

If you would like to join the choir in singing the anthem & responses at Evensong, please email [louise@longhousestudios.org](mailto:louise@longhousestudios.org) Louise will be very grateful & will get in touch regarding music.

(If you are unable to join the celebration, there will be lay-led services at St Martin's & St Anne's & a service of Holy Communion at Jesus Church at the usual times.)

**Time for Contemplation:** Monday 30<sup>th</sup> March. Theme: Encounters with Jesus: Nicodemus.

The session will be run twice:

1. 2.30 - 3.30pm gathering together at Zoe's house: 7 Brow Crescent, Windermere, LA23 2EY. (Meet from 2pm for a 2.30pm start).

2. 8-9pm on ZOOM.

Please let Zoe know if you plan to attend the afternoon session, or if you need the ZOOM link. [zoefarren@yahoo.co.uk](mailto:zoefarren@yahoo.co.uk) 015394 43183

**St John's Hospice Open Clinic - The Marchesi Centre, Tuesday 24<sup>th</sup> March 1.30-3.30pm.**

Please see poster in the porch for further details.

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